



Important > Urgent

Matthew 11:28-30 (ESV)

Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. ³⁰ For my yoke is easy, and my burden is light.

Luke 10:38–42 (ESV)

Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. ³⁹ And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. ⁴⁰ But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." ⁴¹ But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, ⁴² but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

I. Shattering the Busyness Myth

There are few things in life as damaging and soul-destroying as busyness.

- For Christ followers busyness destroys our joy; our capacity to love; and our ability to hear God.
- What we do with Christ is infinitely more important than what we do for Christ.

- The important thing isn't the only thing but it is the first thing.

- Important < Urgent = Chaos

2. Confronting the Cause of Busyness

- Busyness is often a result of fear.
- Busyness can be a result of trying to prove ourselves to others.
- Busyness can be a result of fearing our kids are falling behind.

3. The Cure for Busyness

- Important > urgent
- Living light occurs when our identity comes from Christ, not our activity.
- Living light occurs when important things become first things.

Do first what matters most:

- * First of our week - worship
- * First of our day - devotion
- * First of our finances - tithe

Malachi 3:10 (NIV)

Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the Lord Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it.

- Living light is always a result of choosing important over urgent.